

Chairperson: Carlessia Hussein
 Vice Chairperson: Gary Stewart
 Executive Secretary: Maura Rossman, M.D., Antigone Vickery
 Recorded By: Gloria Whittington

HOWARD COUNTY BOARD OF HEALTH

September Meeting Minutes

DATE: September 26, 2017
TIME: 6:00 p.m.
PLACE: Howard County Health Department
 8930 Stanford Blvd., Columbia, MD 21045

Members Present: Carlessia Hussein, Gary Stewart, Kevin Carlson, Deborah Rivkin, Bob Sheesley, Darryl Burnett, Matt Reber and Sheri Lewis (by Phone)

Members Excused: Paul Nagy

Staff: Maura Rossman, Health Officer, Antigone Vickery, Deputy Health Officer, Gloria Whittington, Administrative Assistant

Guest: Nikki Highsmith Vernick – Horizon Foundation

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Carlessia Hussein opened the meeting at 6:00 p.m.	
Approval of Minutes	Motion to accept June's minutes.	The motion to accept the June 2017 minutes was approved unanimously.
New Business	<p><u>Welcome/Introductions</u> New member to the B.O. H. - Matt Reber from Med Star Health, Compliance Officer.</p> <p><u>Horizon Foundation – Strategic Plan Update and Common Goals (Power Point Presentation)</u> Nikki Highsmith Vernick - President and CEO</p> <p>Horizon Foundation is the largest not-for-profit in the State. Created through the sale of the hospital to Johns Hopkins. \$90 million in total assets; give approximately 5% per year. Mission is to <i>improve the health and wellness of people who live or work in Howard County</i>. Their priority areas are:</p> <p>Promoting Healthy Lifestyles by:</p> <ul style="list-style-type: none"> • HCPSS Wellness Policy: Improving nutrition & physical activity for children in HC • CB 17 Healthy Vending in County Facilities & Rec. & Parks, • Rethink School Lunch and Decrease Sales of Sugary drinks by 20%. • Collection of height and weight information for BMI data (which is as decided recently is no longer allowed by way a current action by HC Board of Education). • Partner with Howard County Bicycle Master plan make Physical Activity more routine <p>Increasing Access to Care by:</p> <ul style="list-style-type: none"> • Increased Access to Primary Care – Improve Family Mental Health & Wellness. • Decrease unnecessary Hospital ED visits for Hypertension and Diabetes 	<p>There was discussion about whether the BOH should write a letter related to the collection of BWI data.</p> <p>There was discussion about a meet-n-greet between the BOH and the Horizon Board.</p>

Topic/Agenda	Discussion	Action/Follow-up
	<p>Horizon is going through a new strategic plan and asking itself some critical strategic questions. The Foundation will continue to uphold its mission and role by focusing on catalyzing and sustaining long-term systems and culture change with multiple partners in the community. The foundation should use five agreed upon criteria when assessing opportunities for expanding its geographic footprint. The foundation will begin partnerships with national and regional funders whose investment will amplify impact for the people as long as certain conditions are met. This will determine how long Horizon will be around. Horizon Foundation's new (2018-2022) set of priorities:</p> <ol style="list-style-type: none"> 1. Supporting Healthy Kids & Families – Nutrition, Physical Activity, Mental Health & Wellness 2. Promoting Healthy Aging – Advanced Care Planning, Depression and Anxiety, Health and Aging 3. Ensuring a More Equitable Community – Advocacy, Targeted Grant Making, Community Programs <p>The question was raised by the Board if mental health can be integrated into their activities. Horizon mentioned that they are supporting a free-community based QPR (Question-Persuade-Refer) training.</p> <p>In supporting innovation to address community issues, the HF and United Way to promote innovative ideas in the community. Ten finalists, selected out of 44 applicants, will present their big ideas for social change in Howard County at the Changemaker Challenge live event - and you can be there to see it. Three winners will be named that evening to receive \$10,000 in seed funding and help bringing their ideas to life.</p>	<p>Changemaker Challenge Meeting on October 30th from 6-9 Register at https://changemakerchallengehc.org</p>
Old Business	<p>Behavioral Health Integration: It was decided to move toward formal organizational integration by July 1, 2018. Mental Health Authority will be merged into the Health Department. We've received approval from MDH's Behavioral Health Administration. Department will concentrate on the organization structure and creating a Board, because the Mental Health Board will be going away. The Department will be looking for Board support.</p> <p>MHA Executive Director (Madeline Morey) has left; Rachel Choo is currently acting as interim Executive Director. Meetings are scheduled for BH board members to examining their fiscal and programmatic operations.</p> <p>Opioid Crisis: Will discuss in depth at next Board Meeting</p> <p>In July and August the Department has partner with Office of Emergency Management to have a forum at HCD and many meetings in response to the Opioid Crisis. The State has declared a state of emergency in March, created response teams & plans, convened several meetings and is working on releasing several funding opportunities. In addition, the County has provided an additional \$150,000 for outreach activities. Lastly, the Health Department is working to hire a Program Administrator to help coordinate all the many opioid-related activities.</p>	<p>Periodic updates will be provided on the progress of Behavioral Health integration process during upcoming BOH meeting.</p> <p>Periodic updates will be provided on the progress on the various activities related to the opioid crisis during upcoming BOH meetings.</p>

Topic/Agenda	Discussion	Action/Follow-up
Other Business	<p>Schools</p> <p>A meeting was held at Long Reach High School and the question was raised if we will have School Nurses in all schools. County Executive Kittleman and Acting Superintendent of schools Dr. Martirano's attended. Martirano is known to have School Nurses in most schools where he was as the Superintendent in West Virginia. Another question that came up was the dropout rate for Afro-American boys in schools; this might interface with school nursing. We are opening a school-based wellness center in Wild Lake High this Fall with no additional funding and are looking at extending to 5-days a week. The Department has a huge investment in the school system and we need to show we are effective and doing that we need data. This is where data sharing could be helpful, we will continue to work on that.</p> <p>Suggested topics for future meetings: Behavioral Health Integration, Opioid Crisis, Environmental Health Update, Needle Exchange update, and Wellness Policy in Schools.</p> <p>December 26 meeting – Reschedule to December 19, 2017</p> <p>Next BOH meeting scheduled for October 24, 2017</p>	
Adjournment	<i>There being no further business before the Board, the meeting was adjourned at 7:30 pm.</i>	

Next Board of Health Meeting: October 24, 2017 at 6:00 p.m. at Howard Co. Health Department 8930 Stanford Blvd. 1st Floor, Columbia, MD 21045